

BREAKFAST (Page 1)

The breakfast menu runs on a weekly schedule, with each week starting on Sunday.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jimmy Dean Breakfast Sandwiches: Egg/Cheese 	Scrambled Eggs   	Scrambled Eggs   	Scrambled Eggs   	Scrambled Eggs   	Scrambled Eggs   	Jimmy Dean Breakfast Sandwiches: Egg/Cheese 
Jimmy Dean Breakfast Sandwiches: Egg/Cheese/Bacon	Hard Boiled Eggs   	Shakshuka   	Leek, Mushroom and Cheese Frittata   	Mexican Breakfast Skillet	Cooked to Order Eggs   	Jimmy Dean Breakfast Sandwiches: Egg/Cheese/Bacon
Scrambled Eggs   	Cooked to Order Eggs   	Cooked to Order Eggs   	Cooked to Order Eggs   	Cooked to Order Eggs   	Cooked to Order JUST Eggs   	Scrambled Eggs   
Cooked to Order Eggs   	Cooked to Order JUST Eggs  	Cooked to Order JUST Eggs   	Cooked to Order JUST Eggs   	Cooked to Order JUST Eggs   	Tofu Scramble, PB Chorizo Sausage Crumble, Pico De Gallo 	Cooked to Order Eggs   
Cooked to Order JUST Eggs   	Smoked Turkey Bacon 	Black Bean Patties   	Plant-Based Sage And Apple Skillete, With Sweet Potato And Brussel Sprouts  	Baked Beans   	Turkey Breakfast Sausages 	Cooked to Order JUST Eggs   
Triangle Hash Brown 	Pom Pom Potatoes 	Chicken Breakfast Sausages 	Smoked Bacon 	Pork Breakfast Sausage	Diced Home Fries 	Chicken Breakfast Sausages 
Beef Breakfast Sausages 	Glazed Cinnamon Buns 	Diced Home Fries 	Triangle Hash Brown 	Sweet Potato Pom Poms 	Ham and Cheese Muffins	Smoked Bacon 



Halal



Vegetarian



Vegan



Made without Gluten

Please note, menu items are subject to change due to seasonal and product availability.
Please visit the residence dining halls to see a complete list of daily offerings.
Questions or concerns? Please contact our team at food@uwo.ca

BREAKFAST (Page 2)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Smoked Bacon 	Roasted Tomatoes  	House made Pancakes, assorted garnishes 	French Toast with Apples and Cinnamon 	Carrot Cake Pancakes with Cream Cheese Drizzle 	Roasted Tomatoes  	Spiced Potato Wedges  
Fresh Waffles with Assorted Toppings 	House-Made Breakfast Sandwiches	Sauteed Zucchini with Peppers, Grape Tomatoes, Garlic and Chilis  	Sauteed Mushrooms with Balsamic Vinegar  	Sauteed Sweet Peppers and Onions  	House-Made Breakfast Sandwiches	Churros and Chocolate 
Sauteed, Kale, Sweet Peppers and Onions  	Vegan House-Made Breakfast Sandwiches (upon request)  	House-Made Breakfast Sandwiches	House-Made Breakfast Sandwiches	House-Made Breakfast Sandwiches	Vegan House-Made Breakfast Sandwiches (upon request)  	Baked Beans   
House-Made Breakfast Sandwiches		Vegan House-Made Breakfast Sandwiches (upon request)  	Vegan House-Made Breakfast Sandwiches (upon request)  	Vegan House-Made Breakfast Sandwiches (upon request)  		House-Made Breakfast Sandwiches
Vegan House-Made Breakfast Sandwiches (upon request)  						Vegan House-Made Breakfast Sandwiches (upon request)  
						Eggs Benny Interactive (week 1,3)
						Omelette Bar Interactive (week 2,4)  



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